

HIGHLIGHTS OF SENIOR COHOUSING CONCEPT ADAPTED TO NB CONTEXT



Creating affordable housing with Senior Cohousing

Version: 2016
Prepared and presented by Daniel Savard RPP, MBA




Wishes of the aging population:



Neighbourhood Walkability	Sidewalks + 500 m from services
Transportation	Transit system available
Safety	Better lighting + Safer crossings
Housing	Diversified + Affordable
Access to Services	Health care / grocery / retail ...
Community Engagement	Support senior's mobility

Opportunities and alternatives :

Opportunities: Council on aging

“Caring for seniors is a top priority”
Minister Cathy Rogers for SD

“Work collaboratively with the public, private and non-profit sector to **create innovative housing models for seniors that include co-housing and senior friendly neighbourhoods.**”

Design of communities will play a crucial role





Design solutions: What is senior cohousing?

“Senior cohousing provides housing that is more financially, socially, and environmentally affordable and sustainable than any other options for seniors”
Canadian Cohousing Network

Photos: <http://www.jarbounside.ca/index.html>




Who pays?

System:	<p>Hospital \$825 - \$2,000 / day \$24,750 - \$60,000 / month</p> <p>Institution \$5,000 - \$8,000 / month</p> <p>Retirement home with assistance Up to \$5,000 / month</p>
Individual:	<p>Cohousing Mortgage + utilities \$1,500 / month</p>

Do not reinvent the wheel: Use Nielsen's model

Components of cohousing :

1. Participatory Process
2. Design
3. Common facilities
4. Resident Management
5. Shared responsibilities
6. Residents have their own income



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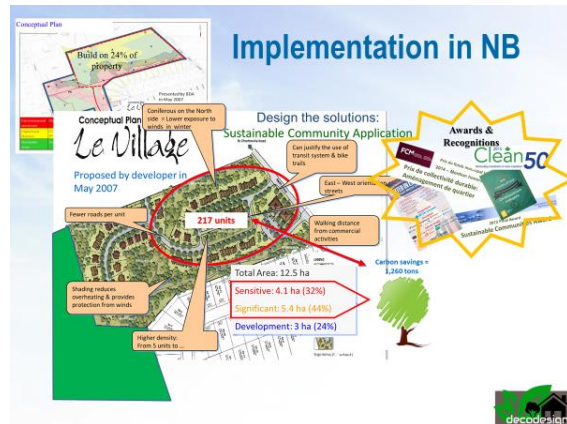
Understand who are the actors and their role:

Senior residents: Decide what sort of community they want
Advisor and project manager: Work as counselor / coordinator / trainer
Municipality: Facilitate implementation
Architect / Planner: Link techniques and inspiration
Senior associations: Become allies
Builder / Developer / Coordinator: Manage development and finance process

Site design:



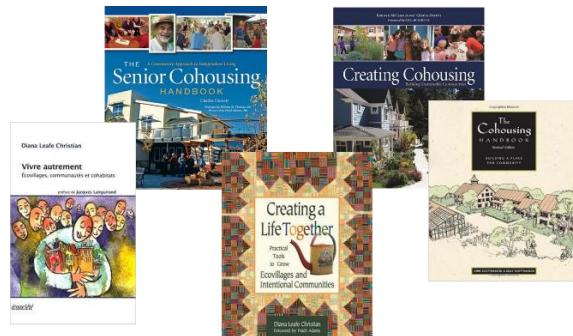
Adaptation from sketches presented in *Conservation design for subdivisions*, R. Arendt, 1996.



Experience:

- [Cohousing in Canada](#) (15 min)
- [Building community with cohousing \(Canadian Cohousing Network\)](#) (6 ½ min)
- [Co-housing—Community at its Best \(TED Talk\)](#) (10 min)

Some resources:



If you are interested to pursue with the Cohousing concept:

Resource: Daniel Savard president of Decodesign @ decodesigns@gmail.com ; Website: <http://www.decodesigns.ca/main/>

Webinar on Canadian Housing & Renewal Association website:

Building Sustainable Communities – The In's & Out's of Project Development (January 24, 2017): <http://chra-achru.ca/en/webinars>

Sustainable Community Design information:

http://www2.gnb.ca/content/gnb/en/departments/elg/environment/content/sustainable_communitydesign.html

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